**Harrogate Cricket Club**

**Accident and Emergency Policy**

**1 Harrogate Cricket Club Accident and Emergency Procedure**

1. Managers, Captains and Coaches should carry a recognised First Aid kit to all training sessions and matches. The minimum recommended contents are detailed below. It is the responsibility of these persons to ensure that the contents are replaced as required. Supplies can be requested from Duncan Clark (Club Secretary). If the Team Manager, Captain or Coach is not able to be present at the activity then he/she must ensure that the First Aid kit is passed to their appointed deputy. Please be aware that contents have a shelf life and should be replaced as and when necessary.
2. An additional First Aid kit will also be held in the Balcony kitchen and it will be the responsibility of the First Aid Co-ordinator (Duncan Clark) to ensure that this is complete and checked on a regular basis.
3. Managers, Captains and Coaches should have a record of junior players’ next of kin’s contact details in the event of any emergency and also hold details of any junior players health issues with guidance for emergency treatment. If the Manager, Captain or Coach is not able to be present at the activity then he/she must ensure that these details are passed to their appointed deputy.



**2 First Aid Kit - minimum requirements**

* 20 individually wrapped sterile adhesive dressings of assorted sizes (plasters). Blue detectable plasters should be provided for food handlers
* 2 sterile eye pads
* 4 triangular bandages individually wrapped and preferably sterile
* 6 safety pins
* 6 medium wound dressings (approx. 12cm x 12cm) individually wrapped and sterile
* 2 large wound dressings (approx. 18cm x 18cm) individually wrapped and sterile
* 5 pairs of disposable gloves
* Eye wash. If mains water is not available for eye irrigation then 1 litre of saline shall be provided in sealed sterile containers
* 1 ‘Kool Pak’ or equivalent ice pack

Every pre-season all first aid kits to be checked by the coaches/captains.

**3 To be displayed in the club**

**Harrogate Cricket Club**

**Guidelines for Accident/injuries Emergency Procedures**

**THE NEAREST FIRST AID BOX AND PHONE ARE LOCATED IN THE PAVILION BAR**

1. Harrogate District Hospital can be contacted on 01423 885959.
2. The local Doctors Practice (Leeds Road Surgery) contact no: 01423 566636

The Hospital A&E Department is accessible off Wetherby Road

**POST CODE FOR THE HOSPITAL IS HG2 7SX**

Stay calm but act swiftly and observe the situation. Is there danger of further injuries?

1. Listen to what the injured person is saying.
2. Alert the qualified first aider who should take appropriate action for minor injuries.
3. In the event of an injury requiring specialist treatment call the emergency services - 999.
4. The telephone number for NHS Direct is: 0845 46 47
5. Deal with the rest of the group and ensure they are adequately supervised and safe.
6. Do not move someone with major injuries. Wait for the emergency medics.
7. Contact the injured person’s parent/carer/guardian.
8. Complete an accident and emergency form.

**4 Medical Quick Reference Form**

1. Each Coach/Team Manager to be given laminated ‘Medical Quick Reference Form’. One to be held in the Pavilion also.